

[illegible]

- Males:**

- Females:**

3. The cup should be at least 1/4 to 1/2 full.
4. To prevent contamination of specimen with skin flora, the patient should remove the cup before the flow of urine stops and before releasing the labia or penis.
5. The patient should then completely empty their bladder of urine into the toilet.
6. Wipe off the outside of the container after replacing the cap.
7. The patient must wash their hands.
8. Label the specimen (full name and date of birth) and deliver to the laboratory within 30 minutes of collection. If delivery is not possible within 30 minutes, the specimen must be refrigerated.