

**SEMEN ANALYSIS
INSTRUCTIONS FOR SPECIMEN COLLECTION
PLEASE READ CAREFULLY BEFORE COLLECTION**

**DELIVERED TO THE
LABORATORY BETWEEN
7:00AM – 10:30 AM (M-F)**

THIS TEST MUST ONLY BE SCHEDULED WITH THE APPOINTMENT CENTER (1-800-328-8542)

1. Please bring your physician order, ID, and insurance card with you to your appointment.
2. Abstain from ejaculation for at least 2 but not more than 7 days before your semen analysis appointment unless otherwise requested in writing by your physician.
3. Collection is done by manual masturbation into the special specimen collection container obtained from our outpatient laboratory. Do not use a condom.
 - a. Collection containers may be obtained at the Royal Oak, Troy, and Dearborn Outpatient Laboratories.
 - i. Monday – Friday: 7am-6pm
 - ii. Saturdays: 8am-3pm
 - b. **NOTE:** If you have difficulty collecting a sample in this manner please call for information about alternative methods.
 - i. Troy Outpatient Lab Area B (248-964-8066)
 - ii. Dearborn Outpatient Lab MOB (313-593-7949)
4. The sample must be delivered to the outpatient laboratory **within 45 minutes** after collection. **For Semen Analysis for Fertility Testing, keep the sample as close to body temperature as possible during transportation to the laboratory.**
 - a. If you live further than 45 minutes away, a sample may be collected on site in a private area at Troy Hospital Area B, or Dearborn Medical Office Building, Suite 107.
5. Upon arrival to the Beaumont Health campus:
 - a. **Troy** - proceed directly to the outpatient laboratory in the main Hospital, Area B.
Dearborn – proceed directly to the outpatient laboratory in the Dearborn Medical Office Building, Suite 107, in Dearborn Hospital and Medical Center.
6. If you are unable to keep your appointment, please notify the Appointment Center at 1-800-328-8542.

SPECIMEN COLLECTION

1. Please wash your hands before collection of specimen
2. Please remember that the specimen is to be collected manually by masturbation; no lubricants may be used. Withdrawal during intercourse is not an acceptable means of collection.
3. Take care not to lose any portion of the specimen during collection as this will affect accuracy of test results. Collect sample directly into the container and cap tightly. Make note of any collection problems.
4. Please note time of collection on the container.
5. Please complete all information on the back of this sheet and bring it, along with your physician order and specimen to your appointment.
6. If you are unable to collect a specimen at this time, do not become alarmed; this is normal. However, you will need to reschedule your appointment.

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SEMEN ANALYSIS COLLECTION INFORMATION

NAME _____

BIRTHDATE _____

DAYTIME PHONE NUMBER _____

PHYSICIAN _____

PHYSICIAN'S PHONE NUMBER _____

DATE _____

1. HOW LONG HAVE YOU ABSTAINED FROM EJACULATION?

2. METHOD OF COLLECTION (CHECK ONE):

MANUAL MASTURBATION _____

SPECIAL CONDOM _____

3. COLLECTION OR TRANSPORT PROBLEMS, IF ANY _____

4. IS THIS ANALYSIS FOR (CHECK ONE):

FERTILITY TESTING _____

POST VASECTOMY _____

OTHER _____

5. WHAT TIME WAS THE SPECIMEN COLLECTED? _____

ALL specimens for Fertility Testing must be dropped off at Troy main campus or Dearborn main campus (second floor laboratory) ONLY due to the time limitations of the testing. Post Vasectomy testing may be dropped off at Royal Oak main campus (Medical Office Building) as well.

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