

Capillary Puncture Blood Collection Tips

Age & Recommend Collection Procedure:

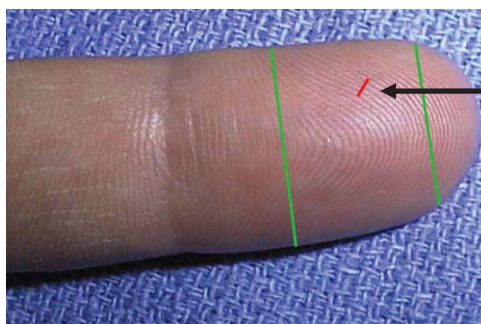
- 0-6 months – Heel stick with QuikHeel™ Lancet
- 6 months - 2 years – Finger stick with Blue Lancet
(May also be collected by hand/arm vein venipuncture if ordered by doctor.)
- 2 years & older – Venipuncture



Capillary Puncture Blood Collection Tips:

1. Puncture finger across (perpendicular to) the fingerprint, so blood will bead up into a round droplet. If you puncture finger in line with (parallel to) the fingerprint, the blood will flow down the finger in a messy fashion.
2. Wipe off the first drop of blood – it is contaminated with tissue fluid and therefore it will dilute the specimen.
3. Gently squeeze finger and let the capillary blood flow freely down into the tube. If blood becomes jammed in the collection top, gently tap on a hard surface to dislodge it so the blood can flow freely again to bottom of tube.
4. DO NOT USE EXCESSIVE MILKING OR MASSAGING OF THE FINGER. DO NOT SCOOP THE BLOOD IN THE TUBE. This can contaminate the specimen with tissue fluid.

Fingerstick puncture areas



YES (perpendicular to fingerprint)

Heelstick puncture areas



YES (proper puncture zone)

NO (improper puncture zone)